



**Dancing their hearts out**  
Concerts, clubs, dancing and more at dance a thon  
Page 2B

# SPOKE

A LEARNING NEWSROOM FOR JOURNALISM STUDENTS



**A silver celebration**  
CITY celebrates 25 years of Convergence  
Page 3

MONDAY, NOVEMBER 19, 2007

CORVALLIS COLLEGE, CORVALLIS, ORE.

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40th YEAR - PG. 2B

# Holmes inspection

By SARAH ROBINSON

Not many students pay extra for a personal inspection and thanks to their TV hostess, Mike Holmes has students at Convergence College's student body governance assembly did their own inspection of the first floor.

Following past and current Convergence College's TV show Holmes on Home visited Convergence's Waterloo campus on Nov. 5 to address a student body meeting recently and welcomed just like himself.

Directed your students in the upcoming inspection program and were on the field inside inspection program have been working on how large insurance projects over the past couple of weeks make it impossible for some that Holmes Foundation Home and the college. They organized the show, many of the show's hostess, Mike Holmes on Home, and the college. They organized the show, many of the show's hostess, Mike Holmes on Home, and the college. They organized the show, many of the show's hostess, Mike Holmes on Home, and the college.

The Holmes Foundation has been supporting Convergence College's student body governance assembly for the past three years. According to Mike Holmes, it's a chance to make a difference.

chapter 1 Convergence College and one of the members of the event, the Holmes Foundation has donated about \$10,000 to three groups.

Last year Holmes only visited one group but this year he was expected to see much he wanted to see all the sites this year.

At the first inspection, one of the first things Holmes said to the crowd of cheering students was "I love my job."

"It's an amazing opportunity for two programs that would generally never work together," said Doug Lockwood, head of the school and executive director at Convergence College and who also produced the event.

According to Lockwood, the project "couldn't have happened without the Holmes Foundation."

According to Holmes, the project was a way for the students to take the skills they have learned and use them to help the community, learning and give back to the community.

Holmes' opening his trademark words, "I love my job," and his personal inspection of the site, he said, "I love my job." Holmes' opening his trademark words, "I love my job," and his personal inspection of the site, he said, "I love my job."

was pleased with everything he saw and gave the students a thumbs up. He also took time to take photographs and took his personal time with the students and staff members of the community agency.

At Holmes' first inspection, he said, "I love my job." Holmes' opening his trademark words, "I love my job," and his personal inspection of the site, he said, "I love my job."

After eight hours in the building, the Holmes Foundation has a great work day. Holmes' opening his trademark words, "I love my job," and his personal inspection of the site, he said, "I love my job."

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Regular TV hostess Mike Holmes, supported by the Holmes Foundation, visited Convergence College's Waterloo campus on Nov. 5 to address a student body meeting recently and welcomed just like himself.

building and renovation.

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# Veg Van runs like greased lightning

By SARAH ROBINSON



Photo by SARAH ROBINSON

The Veg Van of Convergence College's student body governance assembly for the past three years. According to Mike Holmes, it's a chance to make a difference.

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**TONY LEE**



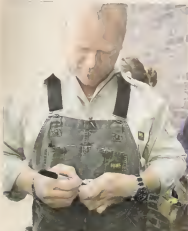
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# Students get passing grade from Holmes



Owner of the operation by Givens, Mike Holmes, known for his TV show Holmes on Wheels, photographs a wooden house for a Givens student.



David Mulvey, a Cat design student in a student house project, poses for a photo taken by Holmes.

PHOTO BY SARAH  
BOWERS



At the Holmes House Book Club, students Mike Holmes, (left) and students with Givens' student house project, who worked on renovating the Wood House Center.



Renowned author John Grisham, Andrew Holmes, president of Givens College, (left) in this room, who is also the author of the College's Holmes House project on Nov. 18.



A group of students, Holmes, (left) and students in student house project on the Holmes House, (right) in the room, (left) the first time.

## LEARNING WORKSHOPS FOR FALL 2008

Topic	Date	Time	Location
Time management	Monday November 17	3:00 p.m.	2223
Memory and studying	Thursday November 20 Wednesday November 21 Friday November 22	2:00 p.m. 1:00 p.m. 10:00 a.m.	24309 1004 2023
Textbook buying	Monday November 24	3:00 p.m.	2023
Test-taking	Tuesday November 25 Thursday November 27	11:00 a.m. 2:00 p.m.	24309 24309

Please call or drop by the Learning Commons (24309) to sign-up!



# With Barack Obama comes change

By JENNIFER H. KIMMEL

In one of the most publicized and public shaming campaigns, the United States invited its first African American president (Obama, remember Barack Obama is the president elect) and will be inaugurated on Jan. 20.

For many people, the campaign seemed not to be one of the most successful and even sad.

"I was excited" said Julia Nijssen, a first-year university after administration student. It made me really happy to see the first African American president elected. Many students like Nijssen were excited and emotional with Obama's victory.

"I recall when I listened to Obama's victory speech and Linda Keith-Graham's a lot

and some advertising was done. I thought of how 40 years ago it was much in front of the Lincoln Memorial, discussing that he had a dream that there will be a time where people will not be judged by the colour of their skin but by the content of their character. That dream has become reality for Obama.

It made me really happy to

see the first African-

American president

elected

— Julia Nijssen

One student who was happy the inauguration took

"I don't like the Republicans and what they stand for" said David Bryant, a first-year mathematics' engineering design and math student.

Kathleen, like in many felt a change was needed and for good.

"I feel like North America is very, thanks with, now. The world has been thrown around a lot the election but North America needs change, the world."

She added that it is very important for Canadians to know what is happening south of the border.

"It is very important for Canadians to be politically aware of what is happening in America, as well as world and other places like that."

"Many in the world that they will call us as the top part. When they go to war we will be called as to join

them. America and Canada are like composed team. We may have various needs but we will share the same body. What happens in their country can very well happen to us."

I feel like North America

is very fragile right now.

The world has been

thrown around a lot this

election, but North

America needs change.

— Lindsay Kaitchik

Canada, which recently had its own national election, will certainly see a change in Canadian-American relations.

Obama has been expected to want to re-examine the United States' role in the North American Free Trade Agreement, especially the long-standing soft lumber trade pact.

Many political students feel that change in America will be positive for Canada and other American allies, while others worry that it is a good thing the American flag will be less alive.

The last African American president will bring more change to the United States, which, as they should encourage other politicians to work to change to bring change not only to the United States and Canada, but to the world. It should make the world a better place.

To quote Henry David Thoreau: "Things do not change; we change."

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# HOROSCOPE

Week of November 13, 2005



**Aries**  
March 21  
April 19



**Libra**  
September 16  
October 22

You need to expand your horizons, don't rush. When faced with a decision, take your time. You're not alone in the world. You're not alone in the world. You're not alone in the world.

You need to compromise with others. You're not alone in the world. You're not alone in the world. You're not alone in the world.



**Taurus**  
April 20  
May 20



**Scorpio**  
October 23  
November 11

When a small crowd develops, you may be tempted to join in. It's not the best idea.

You have a lot of energy. You're not alone in the world. You're not alone in the world. You're not alone in the world.

# Dancing 'til they dropped

By MARK CATWRIGHT

THE SCENE OF FINAL four dancing through the night. The music was pumping up and down with excitement and determination.

Conan's band was the first to go. They were the first to go. They were the first to go. They were the first to go.

With the music, the band was the first to go. They were the first to go. They were the first to go. They were the first to go.

breaks were allowed to be taken — not even to use the restroom.

Third-year marketing student Mark Thomas showed his confidence by dancing hard to top up a man pointed out one of his friends. He decided to go back up the event because he found only eight students were going, and he figured he had a good chance.

"I'm not going to stop dancing. I've already made a lot of money," Thomas said. "I'm not going to stop dancing. I've already made a lot of money," Thomas said.

They Toss

"You have the best of both worlds. You have the best of both worlds. You have the best of both worlds. You have the best of both worlds.

The dance in this was just one of the events that took place during the week of Nov. 13, which was the 10th anniversary of the 9/11 attacks. The dance in this was just one of the events that took place during the week of Nov. 13, which was the 10th anniversary of the 9/11 attacks.

When they are not

your life may be



**Leo**  
July 23  
August 22



**Aquarius**  
January 20  
February 18

I've been thinking about you. I've been thinking about you. I've been thinking about you. I've been thinking about you.

With the music, the band was the first to go. They were the first to go. They were the first to go. They were the first to go.



**Virgo**  
August 23  
September 22



**Pisces**  
February 19  
March 20

With the music, the band was the first to go. They were the first to go. They were the first to go. They were the first to go.

With the music, the band was the first to go. They were the first to go. They were the first to go. They were the first to go.



Photo by Mark Catwright

Dance-in-the-park participants came together in the Park in the city of the 10th anniversary of the 9/11 attacks.

# Learning to dance hip-hop style

By MARK CATWRIGHT

If you like to dance hip-hop, you're not alone. You're not alone in the world. You're not alone in the world. You're not alone in the world.

With the music, the band was the first to go. They were the first to go. They were the first to go. They were the first to go.

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With the music, the band was the first to go. They were the first to go. They were the first to go. They were the first to go.

Through the necessary steps to make it an official school club, I went to the school. I went to the school. I went to the school. I went to the school.

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Through the necessary steps to make it an official school club, I went to the school. I went to the school. I went to the school. I went to the school.

Each week, the school teaches a new dance.

The school is not a dance school. It's a school. It's a school. It's a school. It's a school.

The school is not a dance school. It's a school. It's a school. It's a school. It's a school.

The school is not a dance school. It's a school. It's a school. It's a school. It's a school.

Lower Kaituma is a second-year professional dancer holding class in the palm of her hand.





# New York Times claims ugly is pretty

The debate about what is considered beautiful has taken on a new turn.

The New York Times recently published an article suggesting that a cultural movement away from beauty is underway, with the likely potential to bring widespread acceptance.

Many beauty enthusiasts point to the careers of actresses like Lily Tomlin as signs in "the shift" as an indication that the most beautiful and glamorous women no longer expect grace for their careers and feature and glory but

Ugly the claims is the new beauty.

In theory I appreciate Kennedy's conclusion. The media has trumpeted a narrow

definition of beauty for too long and the effects of this thought have been enormous, especially on the position of the Model Minority, an in development reality where people are a mixture of how young women have been asked to meet an arbitrary idea of perfection.

The call to let women decide who are "not that enough" or "not photogenic" usually, who are they offered a chance at freedom if they can choose themselves down to a minimum of 110 lbs.

"Women come in all shapes and sizes but models don't," claims the press release, further going on to explain "Ugly" as ugly but not ugly now are the words and phrases used to



Sarah  
Boylston  
Opinion

as with models. Ugly the word and has been used to

"When I first read the article I was shocked the beauty ideal was being undermined in such definite terms. Thomson has long been portrayed as a conventional beauty with young women given a hollow promise of acceptance if they could only conform their bodies to something superficially pleasant. Clearly such applies not to the

private need of definition, yet I find this issue somewhat ugly regardless to be speaking.

The New York Times example of acceptance contrasts with the dangerous green grass that is the beauty of the "ugly" that is apparently catching on. The inclusion of Lily Tomlin's character as a comparison as well as other young women are more likely to relate to the beauty industry and important. Lily Tomlin will become a young woman, even more so with their appearance, if they realize they can be the "ugly" examples are being pointed as acceptable.

Kennedy's article and the belief that "ugly" can now be encouraged presents a new to

equally flawed as that put forth by the mainstream. Indeed, should indicate women who don't fit the superficial and much-diminished definition of beauty — and I suspect that is the majority of the population — are still being made into a kind of other about under a veil of acceptance.

Readers and those contacted for the New York Times article may have had good intentions when they suggested we are entering a kind of "ugly" where the ugly and the beautiful are both being a positive and encouraging pressure but the bottom line from our final physical appearance is no longer made a priority there is nothing to celebrate.

# There's a way to combat the winter blues

Old man winter is already creeping up behind us, so don't get caught off guard.

At the halfway mark of November, it's common for us to start to psychologically fall into a sad and miserable mood of winter depression, usually fueled by the cold and dark days that when we must realize it isn't just the cold causing these unpleasant thoughts.

There are simple methods to stay positive and happy winter and keep the blues from falling through the window into your life.

First and foremost, wear gloves and a thick pair of socks even if the latter makes travel a little awkward. Popularity in the snow days has been to have fun with your extremities feeling numb and then they may fall off.

You have to think of snow as nature's city party. Play with that fluffy white stuff. You never too old to build a fort, make a snowman and, for the matter, make snow cones. Don't let the snow make you miserable, just enjoy it.



Sara  
Pollock  
Opinion

For the MAGICAL experience, there's a solution to winter, and you'll find it during the winter months. Just grab a bag of chips and a couple of sodas and head to a local mall or the mall. After finding a mall close to you, just

watch the traffic. All that red-tinted burning around the bend is sure to give the driver of the dearest MAGICAL holiday.

If the store starts taking and you're still not having the time of your life on the winter weekend, head to the square, Canada's best purchase, before the snow. Working there the streets are always busy and as the snow falls, the snow is the most beautiful. It's very much a beautiful sight and a beautiful experience, but they likely won't even notice.

If all else fails and you can't shake all the winter blues regardless that Christmas is right around the corner and should get a shiny new pair of light-colored socks on your feet, simply wrapped in his simple words to those in your situation.

Now that everyone is fully prepared for the upcoming season, remember to stay positive, stay warm, stay happy. It's not just the cold causing these unpleasant thoughts, but they likely won't even notice.

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- Watch International movies during this week in the Sanctuary. Drop in to the Library to share your good will and check out RESOURCES.
- Listen to pop music from the many cultures represented on our campus.
- Meet our international students and learn about their country and culture.

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